



MARK 5

District 5
a unit of the United States Power Squadrons®

Volume 57 No. 4

Sail and Power Boating®

Spring 2008

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OFFICER TRAINING and SPRING CONFERENCE

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The District 5 Bridge, along with Hampton Roads Sail and Power Squadron, invites all members of District 5 to this year's Officer Training program during the D/5 Spring Conference in Ocean City, Thursday, 27 March to Sunday, 30 March at the Princess Royale Hotel. All incoming officers and committee chairs should plan on attending.

Friday morning Officer Training will commence for all incoming squadron officers. It is important that all personnel on our bridges, including those at the district level, take the opportunity to benefit from the years of experience our instructors possess and to learn firsthand what we need to become better stewards for the upcoming year. The "First Timer's" session will be offered for those members making their first visit to a Spring Conference or USPS gathering.

Are you ready to party? Come and join the fun on Friday night in the atrium at the famous D/5 squadron hospitality rooms. Squadrons may reserve hospitality rooms using the reservation form found on page 5 or on the D/5 web site.

This year a room raffle is offered on the registration form. This free room may be used between 1 October 2008 and 30 April 2009. Purchase your tickets and be one of two lucky winners to get a free night on your next conference stay.

On Saturday the Conference will convene at 0800 with seminars for all squadron departments during the day. Encourage your committee chairs to attend, to build their skills and to return home with new ideas to invigorate the squadron for the upcoming year. Join the excitement, get stimulated, meet with your counterparts at the squadron and district levels. Be part of the celebration, don't just read about it weeks later in the Mark 5.

The raffle table will be filled with something for everyone, so be sure to get your tickets. This year the Ship's Store will return as its new proprietors take charge. Surveys were distributed at Fall Conference to learn what everyone expects from the Ship's Store, so stop by and browse for all the latest stuff you want and need.

A great banquet is planned for the Change-of-Watch. Be there to share the excitement that brings another year to a close, as new officers are installed and year-end awards are presented.



Commander's Message

Commander

D/C Arlene M. Anderson, AP
arlene.anderson@us.army.mil
(Hampton Roads) (757) 357-6319
11258 Magnolia Pl., Smithfield, VA 23430

Executive Officer

D/Lt/C J. Brian Becker, AP
jbbecker@comcast.net
(Patapsco) (410) 442-1230
11120 Douglas Road
Marriottsville, MD 21104

Educational Officer

D/Lt/C Robert R. Palmer, SN
d5deo@mindspring.com
(Richmond) (804) 794-2620
13300 Lauren Ln., Midlothian, VA 23114

Administrative Officer

D/Lt/C Ralph A. Bernard, P
rb3513@comcast.net
(Absecon Island) (609) 625-0031
P.O. Box 682, Mays Landing, NJ 08330

Secretary

D/Lt/C Katharine J. Jones, S
kjones@blueheronmail.com
(Dundalk) (410) 827-6779
P.O. Box 417, Grasonville, MD 21638

Treasurer

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c2lip@aol.com
(Annapolis) (410) 604-0402
8001 Bridgepointe Dr., Chester, MD 21619

Asst. Educational Officer

D/1st/Lt George V. Stroup, JN
virgilst@msn.com
(Salisbury) (410) 749-8208
7154 Snow Hill Rd.
Salisbury, MD 21804

Asst. Administrative Officer

D/1st/Lt L. Chris Brown, JN
l.chris.brown@att.net
(Delhigh) (610) 433-3523
3151 Club Drive, Allentown, PA 18103

Asst. Secretary

D/1st/Lt Virginia H. Brown, P
ginny.brown@worldnet.att.net
(Delhigh) (610) 433-3523
3151 Club Drive, Allentown, PA 18103

Asst. Treasurer

D/1st/Lt Milton Cloud, AP
mcloud@yahoo.com
(Richmond) (804) 266-3252
2206 Raymond Av.,
Richmond, VA 23228

Have your squadron Nominating Committee members been calling and leaving you messages? Did they seek you out at the meeting?

In my first Mark 5 article I asked each member to evaluate why he or she joined USPS. What better time than now to reevaluate. As I look through the District Directory at the squadron pages I see that many positions are left blank - well, that's okay, but does it get the membership involved?

Membership recruitment is important, but the key to the life of USPS is membership involvement. You don't always have to be an officer or chair a committee. There are many varied committees that offer a wide range of interests. Be a committee member. Something as simple as becoming a Vessel Safety Examiner is great involvement. Once you're an involved member you can mentor another member who does not need to be a new member. Sometimes those long time members need to be rejuvenated, too.

This year's district bridge is getting ready to implement a plan which we have been working on for several months: a "Squadron Enhancement Team". Members are busy with many family activities and not always able to get out of town to attend district conferences, so we plan on coming to you. To accomplish this we have assigned squadrons to regional groups so that you can periodically meet to share ideas, challenges, and activities. A district team will come out and provide regional seminars, including the education department training, operations training and leader development training. If you have any ideas on what you would like the district bridge officers to bring out to the regions, just let us know and we can prepare and schedule time.

As time nears for your Founder's Day and Change-of-Watch celebrations, stop again and ask yourself, "Am I an involved member?" If not, then think about how you would like to get involved and step up. Ask the commander of your squadron if you can join the squadron team. The February/March time frame is the squadron's New Year. What better time to get involved. If you get involved now then you will be more than likely to renew your membership in May.

Enjoy your membership – **get involved today!**



Annapolis Sail and
Power Squadron
brunch at the U.S.
Naval Academy



Report of the Nominating Committee

In accordance with Section 2.9 of the District 5 By-Laws, the Nominating Committee has selected the following nominees for D/5 elective positions for the year 2008:

District 5 Bridge

Commander	J. Brian Becker, AP
Executive Officer	Ralph A. Bernard, AP
Educational Officer	Robert R. Palmer, SN
Assistant Educational Officer	Walter K. Neese, SN
Administrative Officer	L. Chris Brown, JN
Assistant Administrative Officer	Bernie S. Karpers, N
Secretary	Katherine (Fuzzy) Jones, S
Assistant Secretary	Phyllis Zindulis, P
Treasurer	Carole G. Tulip, JN
Assistant Treasurer	Milton Cloud, AP

Committees

Auditing Committee	June Cooper, AP	3 years
Nominating Committee	Arlene Anderson, AP Michael Lebeduik, III, P	3 years
Rules Committee	Richard Heckhaus, AP	3 years
Planning Committee	Scott Tompkins, AP Michael King, AP	3 years

This slate of officers will be nominated and voted upon at the Spring Conference meeting, Saturday, 29 March 2008 in Ocean City, Maryland.

~P/D/C Wilton "Drex" Bradshaw, AP
Chairman Nominating Committee

Coming Soon! Cooperative Charting Workshop

The 2008 Cooperative Charting workshop will be held 2-3 May 2008 in Norfolk at the National Ocean Service, Atlantic Marine Center, 439 West York Street. Complete information and registration forms are available on the D/5 web site: www.uspsd5.org

Hotel Reservations: Holiday Inn, 8 Crawford Parkway, Portsmouth, VA 23704

Telephone: (757) 393-2573 or (800) 458-2811



Stu Myers, ?? who ??, Fuzzy Jones,
and Charlie Tulip in the holiday spirit.

Spring Conference - Tentative Schedule

Thursday	27 March 2008	Saturday	29 March 2008
1500-1800	Early Registration	0800-1300	Registration Desk Open
1500-2000	Ship's Store Sales open	0800-1300	Ship's Store Sales Open
1500-2000	Raffle Display & Ticket Sales Open	0800-1700	Raffle Display and Ticket Sales Open
		0800-1700	Summer Rendezvous Information
Friday	28 March 2008	0800-0820	Convene Conference - All Hands
0800-1700	Registration Desk Open	0830-0945	Topical Meetings/Seminars
0800-1700	Ship's Store Sales Open		Boat Shows
0800-1700	Raffle Display and Ticket Sales Open		Cooperative Charting
0800-1700	Summer Rendezvous Information		DB 2000
0800-0820	Council Meeting - All Hands Attend		District Summer Cruise Info
0815-0820	Introduction to Bridge Officer Training - All Hands		"Just One More!?!?" General Educational Meeting
0900-1000	National ITCOM Squadron Webpage Scoring		Historians
0900-1015	Merit Marks - What are they? How to write and submit - All Hands		Meetings and Rendezvous Committee
1030-1200	Officer Training Sessions for Squadron Officers Commanders Executive Officers Educational/Asst Officers Administrative/Asst Officers Secretaries Treasurers	0945-1145	Membership Programs
1200-1300	Lunch on your own	1000-1115	Navigation Contest
1300-1400	Parliamentary Procedures Made Easy - all Squadron Officers		Instructor Recertification Seminar
1300-1400	First-Timers		Topical Meeting/Seminars
1300-1400	Postal Service		Auxiliaries
1300-1400	Sea Scouts		Boat Operator Certification
1415-1600	Special Presentation - Bridging the Leadership and Motivation Canyon - All Hands		Community Affairs
1900-2200	Hospitality Suites		Public Relations & Marketing
			Squadron Publications
			Teaching Aids
			Vessel Safety Checks
			National Weather Service Presentation
		1130-1200	Cash Bar in Palmetto 4 & 5 area
		1200-1330	Luncheon in Palmetto 4 & 5
		1345-1630	Spring Conference Meeting
		1630-1700	Catholic Services
		1630-1700	Protestant Services
		1730-1830	District Commander Reception
		1800-2200	Cash Bar
		1930-2200	Banquet and Change-of-Watch Ceremony
		Sunday	30 March 2008
		0900-1030	D/5 New Commander's Reception
		1100 - ???	Have a Safe trip to Home Ports!

Uniform of the Day

Thursday/Friday – Squadron shirts.

Saturday – USPS Blazer w/grey slacks, Banquet – Uniform

A with bow tie

Notice:

As of 1 February 2008, the Princess Royale Hotel is a **smoke free** establishment. There will be designated smoking areas outside of the hotel for your use. Violation of this ordinance will result in a \$250.00 fine.



RESERVATION FORM
USPS D/5 OFFICER TRAINING & SPRING CONFERENCE
27 March – 30 March 2008 - Ocean City, Maryland

MEMBER: Rank _____ Name: _____ Grade: _____

ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

SQUADRON: _____ POSITION: _____ FIRST TIMER? _____

E-MAIL: _____ PHONE: _____

SPOUSE/OTHER ATTENDEES:

Rank: _____ Name: _____ Grade: _____ First Timer? _____

Rank: _____ Name: _____ Grade: _____ First Timer? _____

Rank: _____ Name: _____ Grade: _____ First Timer? _____

ACTIVITIES SELECTIONS

Saturday

Membership Luncheon

Overstuffed turkey and Swiss cheese sandwich # _____ @ \$18.00 \$ _____

Shipmates Luncheon

Chicken Salad Supreme Served on a bed of Mixed Greens # _____ @ \$18.00 \$ _____

Banquet (Entree Choices)

Chicken Marsala # _____ @ \$35.00 \$ _____

Mango Roasted Pork Loin # _____ @ \$35.00 \$ _____

Room raffle - Two winners of One Free night at the Princess Royale (01 October 2008 to 30 April 2009)

1 ticket for \$5.00 # _____ @ \$5.00 \$ _____

3 tickets for \$10.00 # _____ @ \$10.00 \$ _____

Special Dietary Needs? _____

Total Enclosed = \$ _____

Make Checks Payable to: 2008 D/5 Spring Conference

Send to:

D/Lt Sharen Reichard, S
1205 Elverton Ct., Chesapeake, VA 23321

Phone: 757-465-1531

E-mail address: SharenLee@cox.net

WEB PAGE <http://members.cox.net/hrps/d5spring08.htm>

Meal Reservations must be received by 12 March 2008.

HOSPITALITY SUITE RESERVATION FORM

(ONE ROOM PER FORM)

USPS® D/5 Officer Training & Spring Conference - 27 - 30 March 2008

Princess Royale Oceanfront Hotel & Conference Center
9100 Coastal Highway, Ocean City, MD 21842-2745

Hospitality Suites Friday 28 March 2008

Reservation Deadline: 22 February 2008 - Rooms Assigned On A First Come First Served Basis

Normal Check-in Time - 1600 (Early check-in dependent upon availability)

Check-out Time - 1100

		Quantity	Cost
\$99.00	Pool View Suite per day (if other than Friday night, specify dates: _____)	_____ nights	\$ _____
\$30.00	Bed removal (ONLY) & 2 – 6 ft. tables	1	\$ 30.00
\$13.00	2 – 20 lb. Bags of Ice	_____	\$ _____
\$2.00	1 chair	_____	\$ _____
\$30.00	1 – 6 ft. table	_____	\$ _____
		Total	= \$ _____

Hospitality Suite Preference

Please do not contact the hotel directly regarding the Hospitality Suite Assignments.

Suite locations are on page 7. If there is a preference, please request first and second choice room number below, otherwise a Pool View Suite will be assigned.

First Choice _____ Second Choice _____ No Preference _____ # of Nights _____

Squadron _____

Name of Responsible Party _____

Address _____

City _____ State _____ Zip _____

Phone _____ E-Mail _____

Send Hospitality Suite Registration Forms to:

Lisa Cumming
801 N. Fifth Street
Hampton, VA 23321

Phone: (757) 850-8685
Email: meganmom7@msn.com
<http://members.cox.net/hrps/d5spring08.htm>

Notice:

As of 1 February 2008, the Princess Royale Hotel is a **smokefree** establishment. There will be designated smoking areas outside of the hotel for your use. Violation of this ordinance will result in a \$250.00 fine.



**Princess Royale Hotel
9100 Coastal Highway
Ocean City, Maryland**

Handicapped Rooms available by request.

**CALL Reservations Dept at
1-800-476-9253
Use the Reservation ID Code:
U. S. Power Squadron, District 5**

Per night Rates:

Oceanview/poolview Suite - \$99.00
Oceanfront Suite - \$129.00
2BR/2BA Oceanfront Condo - \$219.00
3BR/3BA Oceanfront Condo - \$239.00

**ALL RESERVATIONS MUST BE
MADE BY 01 MARCH 2008 TO
ENSURE USPS RATES**

Directions: From RT 90, turn left onto
Coastal Hwy. Hotel will be on the right.

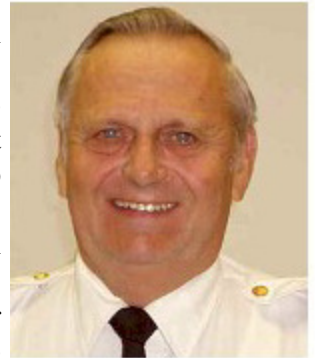
R/C Robert A. Keller, SN

R/C Robert A. Keller, SN, and his wife Jan will represent C/C Marshburn at the D5 Spring Conference.

Bob Keller joined the Dayton Power Squadron (District 24) in 1961. He served in many offices there, including three consecutive terms as squadron commander. In 1971 Bob's employer relocated him to St Petersburg, Florida and he transferred his membership to Boca Ciega Sail and Power Squadron in District 22, where he again served on the bridge and for the fourth time became squadron Commander in 1987.

Bob became Commander of District Commander 22 in 1992. He has served on many National committees and as aide to five Chief Commanders. His current position is R/C, National Meetings Committee. Bob and Jan worked with District 5 members to make the 2007 Governing Board in Norfolk a big success.

The district bridge looks forward to hosting the Keller's at our C-O-W.



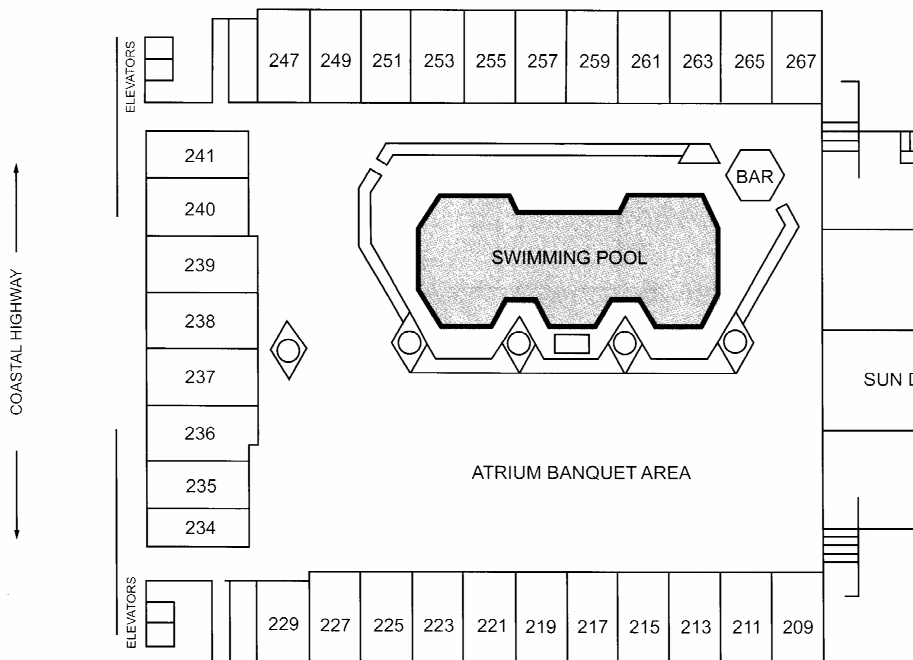
**SQUADRON
ADVERTISING
REBATES**

Collectively the following squadrons have received over \$3,800 in Co-operative Advertising rebates since the beginning of the District's fiscal year in April.

Annapolis
Delaware River
Hampton Roads
Kent Narrows
Kingsway
Mainline
Miles River
Nansemond River
Northern Neck
Pennsway
Trenton Falls
Virginia Beach

It's a pleasure to write these checks. Next year the amount allocated to District 5 is approximately \$3,700, so save your receipts and file your submissions to the District Public Relations Officer, Stephanie Ward.

~ D/Lt/C Carole Tulip, JN
Treasurer



Summer Rendezvous and Council in Baltimore

The District 5 Summer Rendezvous will be here before you know it. Dundalk Sail and Power Squadron is proud to host this year at the Inner Harbor Marina in Baltimore, Maryland. The dockmaster is confident most of our boats will be berthed together. Set aside time from 17 - 20 July 2008 to attend this grand event.

New attractions are available since D/5 last cruised up the Patapsco and visited Baltimore, and DSPS has planned lots to do. Thursday night you can tour the Inner Harbor with its many stores and sample the variety of restaurants. Friday you can sight see and tour the harbor or ride the water taxi to Little Italy and Fells Point. Or, you may walk to the communities of Federal Hill, Locust Point or South Baltimore - all within a mile of the Inner Harbor Marina. The Commanders Reception will be held dockside at the marina on Friday night. Afterward you can sample a different restaurant or attend an American League baseball game between the Detroit Tigers and the Baltimore Orioles at nearby Camden Yards. Saturday morning we will participate with pride in the traditional flag raising ceremony at Fort McHenry National Monument and Historic Shrine. Transportation will be provided and you may tour the fort. The public will also attend this event. The committee is hoping to have the Pipe and Drum Corps of Fort McHenry National Monument and Historic Shrine lead the district formation into the fort. After the Summer Council Meeting, the navigation contest will take place. The Awards Banquet and festivities will take place under a tent erected near the dock. On Sunday morning the nearby restaurants offer brunch which you might enjoy prior to departure for your home port.

The Top Gun Cruisers of DSPS will leave for their annual cruise, which will be to New York City, Long Island Sound and Montauk Point. Several squadrons of D/5 have expressed interest in joining us for this annual event. So plan now to attend the D/5 Summer Rendezvous and keep an eagle eye on the activities.

ADULT CPR AND AED TRAINING

The USPS National First Aid Support Team, in conjunction with an authorized provider for the American Heart Association, is offering you (members and spouses) an opportunity to be trained in the latest Adult CPR and AED procedures.

The course will be offered on Friday, 22 February 2008, at the Annual Meeting in the Hyatt Regency Dallas Texas, starting at 1230. Plan to spend 3 1/2 hours that afternoon learning something that could possibly save the life of someone you know - a relative, friend, co-worker, or neighbor.

During the session you will receive training via text, video, lecture and hands-on practice in obstructed airway, rescue breathing, Adult CPR and AED. You will practice using mannequins and AED training models. When you pass you will receive a certificate good for two years. The training is open to all attending the USPS Annual Meeting, and will cost \$30 per person. Please note pre-registration is required so that there will be sufficient materials, equipment and instructors available.

Interested people are asked to register by sending a check in the amount of \$30.00 per person, payable to P/D/C W. Norman Franck SN (F.A.S.T. member). Your check and the following information should be sent to the address below, with your name(s) printed as they are to appear on your CPR/AED certificate:

Name

Address

Phone number

E-mail address

Return to:

P/D/C W. Norman Franck SN
24872 Swan Road
St. Michaels MD 21663
(410) 745-9521
wnfranck@atlanticbb.net



Cruisin' With Education

More Choices!

NEO Dick Kyle's recent *Ensign* article explained how USPS University is providing boaters with more choices in their educational pursuits. I recall how choices have changed since my early USPS days. When the toughest choice was "paper or plastic" at the grocer's checkout, life was pretty uncomplicated. With the age of technology and the advances that we have witnessed, we have almost too many choices to make. With all the modern amusement choices available to us – more than 200 TV channels, hundreds of AM, FM, XM, and satellite radio stations; nearly as many auto models and combinations; virtually unlimited sites to access info on the Internet; kids doing drama, ballet, swimming, soccer, baseball, football, basketball, track, paint ball, scouts, cheerleading, beauty pageants, and other attractions – it is no wonder we feel the stress of trying to do it all.

As USPS and D/5 offer even more options to compete for the few discretionary hours available to our members and the boating public, we also must learn to make better choices. There are always more topics to present than the average squadron can attend or support at our main conferences. The need for public boating classes has never been higher with all the state educational requirements, but we must make wise choices about when and where to hold classes or seminars. Getting attention and action from both the boating community and our members will continue to be a challenge. During the upcoming Spring Conference, a good part of the educational session will seek additional approaches we can use to help people understand that choosing to participate in our offerings is more rewarding and of higher value than other competing offers – to attract, to teach, and to retain. Everyone's input is needed, so "come on down" to Ocean City with your best ideas to discuss, add to, and refine the listing that the SEOs have started. And, yes, you will have to make choices there, too.

Just to add one more choice, I will be holding one-day Regional Educational Workshops again this year to provide additional time to share our energies and answer the questions that don't get fully aired during the conference. I also expect that the initial Boat Operator Certification seminar for certifiers will be held during these workshops.

America's Waterway Watch

The news media have announced the recent mall and church shootings as domestic terrorist action. There are documented reports confirming there are terrorists seeking to damage and destroy important facilities at our ports and bridges. The Homeland Security folks have challenged all Americans to act on the theme: "If you SEE something, SAY something!" We are asked to use that theme when we are out and enjoying the wonderful waters where we boat. If you see anything suspicious, immediately call 1-877-24WATCH to report it. A great new short CD presentation on AWW has been given to the SEOs. It is intended for showing at squadron and district meetings, boating classes and seminars, and outside displays for NSBW to educate every boater on the need and techniques to help prevent terrorists from accomplishing their missions. AWW wallet cards and stickers are also available. You can see additional info at:

www.AmericasWaterwayWatch.org

Boat Operator Certification – an Update

This other new offering from the USPS University is progressing into the implementation stage. D/5 is in the Mid-Atlantic Region and now has a Regional Certifier in place to assist in training plans and approval of documentation of level criteria qualifications. A nomination has been made for an Assistant Regional Certifier to support the D/5 portion of the program. The program now has its own web page at HQ (<http://www.usps.org/national/eddept/boc/main.htm>) which allows direct access to the current requirements and paperwork. Long term plans call for certifiers in every squadron. Each SEO will be asked to submit nominations for squadron certifiers, and there is a requirement to attend a training session. These members will then be ready to assist their squadrons in getting any desired certification levels. This needed training may be offered at the 2008 Regional Educational Workshops and/or at Spring Conference for those approved to be certifiers.

We Know "Life Jackets" Save Lives! Winter is a great time to check out the condition of yours and replace or update as needed. Spring will be here before we know it.

~Still Cruisin' with Education,
D/Lt/C Robert Palmer, SN
District Educational Officer

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— Rick Nenthoff



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A Fortunate Mishap

This past boating season we experienced a fortunate mishap. Yes, "fortunate". I was out and about in my dinghy wearing an auto-inflatable PFD, with a second one sitting on the dinghy floor. All of a sudden, I heard this huge whoosh of air. Right away I was in a panic; I thought I had punctured a chamber and was about to sink.

I looked down and saw that the second PFD had self-inflated. Well, auto-inflatable PFD's are designed to inflate when being exposed to water! Lesson number one: don't place an auto-inflatable in a place where it might get wet.

So, now I had to recharge the unit. Out came the instruction manual. Lesson number two: when buying a new piece of equipment, especially safety equipment, read the instruction manual before using it. You see, while looking for instructions on how to recharge the unit, I came across a "Warning!" telling me to inspect the PFD annually and to be sure to replace any CO₂ cylinder that is more than two years old. Up to that point, I had never realized that CO₂ cylinders had a date stamp, let alone a two-year shelf life.

Right away I checked all three of our other auto-inflatable units and all three (including the one I had been wearing) contained CO₂ cylinders that had "expired".

If this bit of information is old hat to you, as my Australian friends would say, "good on ya." But, if this is news to you, as it was to me, well... better check those auto-inflatables. Best be sure.

~D/Lt Richard Norris, JN

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Articles, opinions and advertisements
do not necessarily reflect USPS policy
or endorsement unless so designated.

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D/Lt Walter D. Lazear, AP (Northern Va)
D/Lt Michael Lebeduik, P (Delhigh)
D/Lt Stu Myers, AP (Annapolis)
D/Lt Sharen Reichard, S (Hampton Rds)
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Advertising

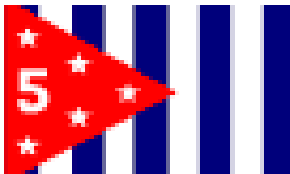
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carl4456@yahoo.com; fax (410) 438-3434
1636 Barclay Road, Barclay, MD 21607

D/Lt Guy Thompson, AP - Co-Chair
(Patapsco River) (301) 498-6653
gbthompson@verizon.net

P/D/C William Selden, V, AP (Richmond)
D/Lt Bernie Karpers, N (Dundalk)
D/Lt John Malatak, AP (Mid-Potomac)

D/5 website is:
www.uspsd5.org





D/Lt Winslow Whitehurst, JN
2206 Raymond Avenue
Richmond, VA 23228

Dated Material

NON-PROFIT ORG.

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EASTON, MD.

PERMIT NO. 81

Upcoming Events



And to all a good night!

19 - 24 February 2008

Annual Meeting

Hyatt - Dallas, Texas

27 - 30 March 2008

Spring Conference and Officer Training

Princess Royale - Ocean City, Maryland

2 - 3 May 2008

NOAA/Cooperative Charting Workshop

Norfolk, Virginia

17 - 20 July 2008

Summer Council

Inner Harbor - Baltimore, Maryland
